

**TRIPS SCHEDULE**

**JANUARY**

MO	TU	WE	TH	FR	SA	SU
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

**FEBRUARY**

MO	TU	WE	TH	FR	SA	SU
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

**MARCH**

MO	TU	WE	TH	FR	SA	SU
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			



**NOTICE:** A High Risk Activities Worksheet (AF 4391) is required to participate in ANY high risk activity, for ALL Active Duty Personnel. It is required to be completed by Active Duty Personnel before they participate in most of our Outdoor Rec Adventure Programs. This responsibility lies solely on the Active Duty participant.

**OAP CANCELLATION POLICY**

- Full payment for all trips is due at time of registration.
- Cancellations within 72 hours of the activity date will NOT be refunded or rescheduled unless otherwise stated.
- Cancellations 30 days or more before a multi-day activity start date are refundable in full unless otherwise stated. Cancellations within 30 days of a multi-day activity will not be refunded unless someone takes your place on the activity. Any refunds issued in this case will result in a service fee of 10% of the total price for the activity.
- “No Shows” are non-refundable and will not be rescheduled.
- All trips are subject to cancellation due to unsafe weather or conditions outside of our control. In this event, the trip will be rescheduled or you may opt for a refund minus irretrievable deposits. In the case of cancellation due to insufficient participation, a full refund will be issued.
- Refunds may be given at any time when a medical emergency or military TDY/PCS orders prohibit participation. A signed doctor's note or signed orders must be presented in order to receive a refund in these cases. If a refund is given for a multi-day trip in this instance, OAP will retain a service fee of 10% of the total price for the activity.

AIR FORCE

OUTDOOR RECREATION

# ICE CLIMBING

## 2021-22

Mon & Tue 8:30 am–5:30 pm,  
 Wed 8:30 am–1:30 pm, Thu 8:30 am–5:30 pm,  
 Fri 8:30 am–6 pm, Sat 8 am–3 pm,  
 Sun & Fed. Holidays Closed

United States Air Force Academy  
 Outdoor Recreation Center Bldg. 5136  
 719-333-2940/4475

Ice climbing got its start out of necessity on the icy slopes of the Alps when goat herders had to retrieve their flock up a mountain side in the 1600s. Fast forward to the 1960's and 70's when folks started to do this for fun, wanting to tackle steeper and bigger water falls, leading to more specialized equipment and techniques. Today in Colorado, ice climbing has become a major part of the state's winter recreation scene and is more accessible than ever. From short and low angle flows, perfect for even the most timid to learn on, to the long steep lines up 14ers for the hardened climber, Colorado is the "State of the art" in ice climbing. Crowds from around the world are drawn to the International Ice Climbing Festival in Ouray, CO each January to watch the best climbers in the world compete, while small towns like Lake City, CO see climbers from around the state visiting for a quiet and relaxed climbing experience. Whatever your flavor, we can teach you everything you need to know about this incredibly fun and easy sport!

Come learn this favorite activity of Coloradans and have the experience of a lifetime! Being a part of your MWR, our prices are often just half as much as commercial outfitters without sacrificing an inch of your high quality experience.

## Our Ice Climbing Guides

USAFA is proud to have indisputably the most experienced, and highest trained staff in all of military MWR. We don't contract our trips out to other outfitters because we are one! We make sure our guides are consistently at the forefront of guide training and avalanche education in the industry, often exceeding the standard for the commercial industry. As a center for excellence, USAFA OAP only hires the highest quality staff, and provides nationally and internationally accredited training for our guides and our guests. Guiding in and around avalanche terrain and ice terrain is a complex and difficult job. Each Lead USAFA ice climbing guide is at minimum a certified AMGA Single Pitch Instructor, has taken minimum avalanche safety training through AIARE Rec Level 2, has at least 4 seasons of experience leading groups in ice climbing terrain, is certified as a Wilderness First Responder (WFR) or in Wilderness First Aid (WFA), and has been through an extensive training and evaluation process to vet their guide quality. Our guides are exceptional educators, they are patient and excited to share their craft with you. They are lifelong backcountry professionals and are committed to delivering an incredible experience while prioritizing group safety. By ensuring your guides are thoroughly qualified, we can confidently say your trip will be of the highest quality. Your only disappointment will come from going back to normal life! For a list of our guides and their backgrounds and training, please visit our website at [www.usafasupport.com/outdoor-adventure.html](http://www.usafasupport.com/outdoor-adventure.html)



## AMGA Training Standard

The American Mountain Guides Association (AMGA) is the only internationally recognized mountain guide training organization in the United States. A member of the International Federation of Mountain Guides Associations (IFMGA), the AMGA offers the most robust and highest standard of education in this industry, requiring years of experience, course work, and examination to gain credentialing as a mountain professional. Our guides undergo training from the AMGA in many mountain disciplines, and our AMGA Certified Single Pitch Instructors and trained guides are constantly refreshed through in house continuing education and mentorship. For more information on the extensive training our guides pursue, visit [www.amga.com](http://www.amga.com).



## Intro to Ice Climbing

**Jan 2, 29; Feb 12, 26; Mar 5, 13.** Custom dates also available! Colorado is home to some of the best ice climbing in the world and we are lucky enough to have some beautiful frozen waterfalls perfect for beginners right here in Colorado Springs and surrounding areas. Come with us to learn about this fun, exciting, and surprisingly easy activity in North Cheyenne Canyon or on Lincoln Falls. We will teach you how to climb these frozen flows and how to safely use ice climbing equipment, as well as how to belay your partners. Don't miss out on this unique and extremely fun part of the Colorado outdoor scene! Included with your trip: transportation from Outdoor Rec and back, all equipment, and your experienced and certified AMGA Single Pitch Instructor.

Cost: \$90 (\$175-\$250 commercially)! Must be 9 y/o or older. Trips meet at Outdoor Rec. at 7 am and return by 3-5 pm (location dependent). For more information, please call 719-333-2940 or email at [10FSS.FSWOOutdoorAdventureProgram@us.af.mil](mailto:10FSS.FSWOOutdoorAdventureProgram@us.af.mil).

## Intermediate/Advanced Ice Climbing

If you have climbed before or have taken one of our beginner classes and are ready for something a little more advanced, call us to set up a private course. We will take you to our intermediate/advanced site and go over vertical ice, ice anchors, and anything else you are interested in.

Cost: \$120/person and up depending on venue and group size, includes transportation, equipment, and guide. Meeting time is 7 a.m. and we will return by 5 p.m.

## Lake City MLK Ice Climbing Weekend

**Jan 14-17.** Enjoy this long weekend of ice climbing fun in the secluded town of Lake City, CO! Lake City is home to 4 14ers, some amazing backcountry ice flows, and their

own in town ice park boasting dozens of climbs for all abilities. Avoiding the crowds that Ouray draws, this ice park is an incredible place to learn to climb, or work on advanced techniques if you are already experienced! Each year we rent a large, comfy house in town and spend the weekend going between incredible climbing in the park, and relaxing evenings by the fire. With home cooked meals, all gear, transportation and guides included, this weekend is a popular trip each season and we want you to experience it! You can even climb by night under the colors of lit up ice flows! This trip is sure to impress and is a must do while in Colorado!

Cost: \$500/person, includes transportation, equipment, OAP AMGA Certified Instructors, meals and 3 nights lodging. Must be at least 16y/o

## Ouray Hot Springs and Ice Climbing Weekend

**Feb 4-6.** Come with us for a once in a lifetime experience to the town of Ouray, CO for a fun-filled weekend of relaxing in hot springs, learning to ice climb, and dining out in this quaint and beautiful mountain town. Commonly referred to as the Swiss Alps of Colorado, Ouray is surrounded by 13,000ft peaks and is home to the International Ice Climbing Festival. With hundreds of ice climbs ranging in difficulty from beginner to advanced, there is something for everyone here. Our guides will teach you everything you need to know to have fun and stay safe while climbing these gorgeous ice flows. Each evening, enjoy a dip in the hot springs, a meal at one of the delicious local eateries, or a fresh beverage from one of the breweries in town. This trip is truly fantastic and is guaranteed to please! Included with the trip: all equipment, transportation, guides, lodging z and tickets to the local hot springs.

\$500/person (\$1000+ commercially). Meals not included. Must be at least 16y/o. RecOn discount available.

GEAR UP



TO THE TOP

