

SUNDAY October 15	MONDAY October 16	TUESDAY October 17	WEDNESDAY October 18	THURSDAY October 19	FRIDAY October 20	SATURDAY October 21
<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>
PURE BREAKFAST BAR	PURE BREAKFAST BAR	PURE BREAKFAST BAR	PURE BREAKFAST BAR	PURE BREAKFAST BAR	PURE BREAKFAST BAR PURE	PURE BREAKFAST BAR PURE
PURE FOOD BURRITO	PURE FOOD BURRITO	PURE FOOD BURRITO	PURE FOOD BURRITO	PURE FOOD BURRITO	PURE FOOD BURRITO	PURE FOOD BURRITO
PURE FOOD GRAIN BOWL	PURE FOOD GRAIN BOWL	PURE FOOD GRAIN BOWL	PURE FOOD GRAIN BOWL	PURE FOOD GRAIN BOWL	PURE FOOD GRAIN BOWL	PURE FOOD GRAIN BOWL
TURKEY BACON	GRILLED TURKEY SAUSAGE LINKS	GRILLED TURKEY PATTY	TURKEY BACON	GRILLED TURKEY SAUSAGE LINKS	GRILLED TURKEY PATTY	TURKEY BACON
BACON	BACON	BACON	BACON	BACON	BACON	BACON
CREAMED BEEF	CREAMED BEEF	CREAMED BEEF	CREAMED BEEF	CREAMED BEEF	CREAMED BEEF	CREAMED BEEF
FRENCH TOAST	PANCAKES	WAFFLES	CHOCOLATE CHIP PANCAKES	FRENCH TOAST	PANCAKES	PANCAKES
BISCUITS	BISCUITS	BISCUITS	BISCUITS	BISCUITS	BISCUITS	BICUITS
HASH ROWN PATTY	BROWN RICE	COTTAGE FRIED POTATOES	COTTAGE FRIED POTATOES	HASH BROWN POTATOES	HASH BROWN POTATOES	BROWN RICE
HARD BOILED EGGS	HARD BOILED EGGS	HARD BOILED EGGS	HARD BOILED EGGS	HARD BOILED EGGS	HARD BOILED EGGS	HARD BOILED EGGS
SCRAMBLES EGGS	SCRAMBLED EGGS	SCRAMBLED EGGS	SCRAMBLED EGGS	SCRAMBLED EGGS	SCRAMBLED EGGS	SCRAMBLED EGGS
FRIED EGGS	FRIED EGGS	FRIED EGGS	FRIED EGGS	FRIED EGGS	FRIED EGGS	FRIED EGGS
OMELET G4G	OMELET G4G	OMELET G4G	OMELET G4G	OMELET G4G	OMELET G4G	OMELET
GRITS	OATMEAL	GRITS	OATMEAL	GRITS	OATMEAL	GRITS
<i>DAILY SOUP/SALAD</i>	<i>DAILY SOUP/SALAD</i>	<i>DAILY SOUP/SALAD</i>	<i>DAILY SOUP/SALAD</i>	<i>DAILY SOUP/SALAD</i>	<i>DAILY SOUP/SALAD</i>	<i>DAILY SOUP/SALAD</i>
LUNCH AND DINNER PURE BAR LARGE & SMALL	LUNCH AND DINNER PURE BAR LARGE & SMALL	LUNCH AND DINNER PURE BAR LARGE & SMALL	LUNCH AND DINNER PURE BAR LARGE & SMALL	LUNCH AND DINNER PURE BAR LARGE & SMALL	LUNCH AND DINNER PURE BAR LARGE & SMALL	LUNCH AND DINNER PURE BAR LARGE & SMALL
<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>
CHEESE TORTELLINI WITH MARINARA	CARIBBEAN CATFISH	BAKED FISH	TACOS	HONEY GINGER CHICKEN	CHICKEN FLORENTINE	FRENCH FRIED SHRIMP
FRENCH FRIED SHRIMP	JERK ROAST TURKEY	MEAT LOAF	MEXICAN BAKED CHICKEN	GRILLED SALMON W/ CITRUS BUTTER	ITALIAN BROCCOLI PASTA	HOT AND SPICY CHICKEN
BOURBAN CHICKEN	BEEF STUFFED GREEN PEPPERS	BAKED CHICKEN	MEXICAN FIESTA FISH	BBQ BRISKET	STUFFED BAKED PORK CHOPS	ZITI WITH MEAT SAUCE
TURKEY GRAVY	CHICKEN GRAVY	CHICKEN GRAVY	CHILI GRAVY	MUSHROOM GRAVY	BROWN GRAVY	ONION GRAVY
ROASTED PEPPER POTATOES	BAKED POTATO HALVES	BAKED MAC & CHEESE	OVEN BROWNEED POTATOES	SWEET POTATOES SOUTHERN STYLE	OVEN BROWNEED POTATOES	HARVEST BLEND RICE
STEAMED RICE	ISLANDERS RICE	MASHED POTATOES	MEXICAN RICE	SPICY BROWN PILAF	SAVORY STYLE BEANS	BUTTERED PARSLEY POTATOES

ROASTED CARROTS WITH ROSEMARY	CORN COMBO	BLACK EYED PEAS	MEXICAN CORN	SOUTHERN STYLE COLLARD GREENS	CAULIFLOWER AU GRATIN	SUCCOTASH
JAPANESE STIR FRY VEGETABLES	FRENCH STYLE GREEN BEANS	CARROTS	GRILLED ASPARAGUS	CORN	CARROTS ON THE GRIDDLE	FRIED OKRA
SUCCOTASH	GARLIC PEAS	CORN ON THE COB	BROCCOLI POLONAISE	STEWED TOMATOES	BROCCOLI	HERBED GREEN BEANS
<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>
BEEF POT PIE	SOUTHWESTERN SWEET POTATOES BLACK BEANS & CORN	BBQ BEEF CUBES	TACO LASAGNA	CRISPY OVEN BAKED CHICKEN	SAVORY BAKED CHICKEN	BEEF STIR FRY
LEMON BASIL FISH	BEEF STEW	SOUTHWESTERN FISH	CHICKEN ENCHILADAS	ROAST BEEF	GREEK LEMON TURKEY PASTA	BAKED STUFFED FISH
HERBED BAKED CHICKEN	CHICKEN BREAST DIJON	BEEF FAJITAS	BAKED FISH	PARMESAN CRUSTED COD	OVEN FRIED FISH	CHICKEN BULGOGI
CHICKEN GRAVY	BROWN GRAVY	BROWN GRAVY	CHILI GRAVY	BROWN GRAVY	CHICKEN GRAVY	ONION GRAVY
STEAMED RICE	RICE PILAF	MEXICAN RICE	SIMMERED PINTO BEANS	STEAMED RICE	BROWN RICE W/	DIRTY RICE
BAKED SWEET POTATOES	ROASTED PEPPER POTATOES	REFRIED BEANS W/ CHEESE	ROASTED PEPPER POTATOES	BAKED SWEET POTATOES	BAKED SWEET POTATOES	LYONNAISE POTATOES
CREAM STYLE CORN	GRILLED ASPARAGUS	PEAS	BRAISED CABBAGE	FRIED OKRA	FRIED OKRA	JAPANESE STIR FRY VEGETABLES
BROCCOLI COMBO	CREAM STYLE CORN	MEXICAN CORN	GREEN BEANS	CARROTS	CARROTS	FRIED CAULIFLOWER
BRAISED CARROTS	CAULIFLOWER	SPINACH	CAULIFLOWER COMBO	CORN COMBO	CORN COMBO	GLAZED CARROTS