

## PLAN MY MOVE (PCS)

Tue, Sep 12 & Oct 10

Thu, Sep 28 & Oct 26

One-stop-shop for relocation and specific information about your destination base, finance/allowances, JPPSO/HHG shipment/claims, military installations/ Plan My Move and more. PCS packages sent via email. Registration required.

## NEWCOMERS ORIENTATION

Tue, Sep 26, Oct 24; 8am – 2:30pm

for civilians; 8am – 3:30pm for military.

Mandatory for USAFA military and DoD civilian newcomers. For scheduling and more information, please contact your CSS or M&FRC.

## 10 ABW RIGHT START

Thu, Sep 28, Oct 26; 8-10:45 am, Falcon Club

Required for all newly assigned 10 ABW military and DoD civilian personnel. For more information, please contact your CSS or the M&FRC. Registration required.

## EFMP FAMILY SUPPORT

**Resource Navigation:** Information and referral to local, state, and federal resources available to EFMP families.

**Education Events:** Coordinates enriching activities for EFMP families.

**Support Services:** Facilitates collaboration and assists with coordination of family services on and off the base.

**Non-Clinical Case Management:** Together with EFMP families, completes Family Needs Assessments and Family Service Plans.

## EFMP EDUCATIONAL EVENTS

Family Fishing, Equestrian Activities, Super Siblings Support Groups, Special Needs Planning Workshops, Gardening and Growing, and much, much more! Registration required for all events. Please contact EFMP Family Support for details.



## EFMP ORIENTATIONS

Information sessions offered quarterly. Registration required. Please contact EFMP Family Support for details.

## DEPLOYMENT SUPPORT

Contact us directly for information, resource assistance and supportive services. Pre-deployment and Reintegration Briefings scheduled by appointment only! Military spouses are encouraged to participate.

## BUNDLES 4 BABIES WORKSHOP

Tue, Sep 12, 8am – 12:30pm. Register anytime. Great informative workshop open to all expectant and new parents (not limited to first child). Learn budgeting, nutrition, basic parenting skills and more. Couples are encouraged to attend together. Upon completion of the workshop, eligible participants can apply for a \$50 cash gift courtesy of the Air Force Aid Society.

## UNITED THRU READING PROGRAM

Stay connected with your loved ones and share your love of reading with a child. Consider making a recording for a new baby, niece, nephew or grandchild. Contact us today to learn more!

## KEY SPOUSE PROGRAM

An official Air Force Unit Family Readiness Program designed to enhance readiness, personal/family resiliency and improve Air Force Community connectedness. For more information on volunteering or to connect with your unit's Key Spouse, please contact your unit command.

## MILITARY FAMILY LIFE COUNSELOR (MFLC)

Provides counseling support for military families dealing with family stressors and life events such as deployment and reintegration, parenting, financial and relationship challenges. Virtual and in-person appointments available. 719-360-2870 or 719-895-0170.

## PERSONAL FINANCIAL READINESS PROGRAM (PFR)

Helping Airmen, Guardians, and family members improve their financial literacy through delivery of relatable financial readiness education and counseling. Contact the Personal Financial Counselor (PFC) to schedule your appointment today at PFC.USAF.AUSAF@zeiders.com or 719-470-3911.

## FINANCIAL READINESS-MOVING OUT THE DORMS WORKSHOP

Offered on a quarterly basis or upon request. It is important to prepare for the financial stressors when it is time to move out of the dorms. This workshop is a great way to set yourself up for success. Sign up today.

## FINANCIAL READINESS WORKSHOPS

We offer workshops on a variety of financial topics that will help prepare you and your family financially for those big life events. Open to all DoD cardholders. Reach out today and schedule a workshop for your squadron or military families.