

SUNDAY December 3	MONDAY December 4	TUESDAY December 5	WEDNESDAY December 6	THURSDAY December 7	FRIDAY December 8	SATURDAY December 9
<b><i>BREAKFAST</i></b>	<b><i>BREAKFAST</i></b>	<b><i>BREAKFAST</i></b>	<b><i>BREAKFAST</i></b>	<b><i>BREAKFAST</i></b>	<b><i>BREAKFAST</i></b>	<b><i>BREAKFAST</i></b>
PURE BREAKFAST BAR	PURE BREAKFAST BAR	PURE BREAKFAST BAR	PURE BREAKFAST BAR	PURE BREAKFAST BAR	PURE BREAKFAST BAR	PURE BREAKFAST BAR
PURE FOOD BURRITO	PURE FOOD BURRITO	PURE FOOD BURRITO	PURE FOOD BURRITO	PURE FOOD BURRITO	PURE FOOD BURRITO	PURE FOOD BURRITO
PURE FOOD GRAIN BOWL	PURE FOOD GRAIN BOWL	PURE FOOD GRAIN BOWL	PURE FOOD GRAIN BOWL	PURE FOOD GRAIN BOWL	PURE FOOD GRAIN BOWL	PURE FOOD GRAIN BOWL
GRILLED TURKEY PATTY	TURKEY BACON	GRILLED TURKEY SAUSAGE LINKS	GRILLED TURKEY PATTY	TURKEY BACON	GRILLED TURKEY SAUSAGE LINKS	GRILLED TURKEY PATTY
BACON	BACON	BACON	BACON	BACON	BACON	BACON
CREAMED BEEF	CREAMED BEEF	CREAMED BEEF	CREAMED BEEF	CREAMED BEEF	CREAMED BEEF	CREAMED BEEF
FRENCH TOAST	PANCAKES	WAFFLES	CHOCOLATE CHIP PANCAKES	PANCAKES	FRENCH TOAST	FRENCH TOAST
BISCUITS	BISCUITS	BISCUITS	BISCUITS	BISCUITS	BISCUITS	BISCUITS
HASH BROWN PATTY	BROWN RICE	HASH BROWN PATTY	COTTAGE FRIED POTATOES	BROWN RICE	HASH BROWN POTATOES	COTTAGE FRIED POTATOES
HARD BOILED EGGS	HARD BOILED EGGS	HARD BOILED EGGS	HARD BOILED EGGS	HARD BOILED EGGS	HARD BOILED EGGS	HARD BOILED EGGS
SCRAMBLBED EGGS	SCRAMBLED EGGS	SCRAMBLED EGGS	SCRAMBLED EGGS	SCRAMBLED EGGS	SCRAMBLED EGGS	SCRAMBLED EGGS
FRIED EGGS	FRIED EGGS	FRIED EGGS	FRIED EGGS	FRIED EGGS	FRIED EGGS	FRIED EGGS
OMELET G4G	OMELET G4G	OMELET G4G	OMELET G4G	OMELET G4G	OMELET G4G	OMELET G4G
GRITS	OATMEAL	GRITS	OATMEAL	GRITS	OATMEAL	GRITS
<b><i>DAILY SOUP/SALAD</i></b>	<b><i>DAILY SOUP/SALAD</i></b>	<b><i>DAILY SOUP/SALAD</i></b>	<b><i>DAILY SOUP/SALAD</i></b>	<b><i>DAILY SOUP/SALAD</i></b>	<b><i>DAILY SOUP/SALAD</i></b>	<b><i>DAILY SOUP/SALAD</i></b>
LUNCH AND DINNER PURE BAR LARGE & SMALL	LUNCH AND DINNER PURE BAR LARGE & SMALL	LUNCH AND DINNER PURE BAR LARGE & SMALL	LUNCH AND DINNER PURE BAR LARGE & SMALL	LUNCH AND DINNER PURE BAR LARGE & SMALL	LUNCH AND DINNER PURE BAR LARGE & SMALL	LUNCH AND DINNER PURE BAR LARGE & SMALL
<b><i>LUNCH</i></b>	<b><i>LUNCH</i></b>	<b><i>LUNCH</i></b>	<b><i>LUNCH</i></b>	<b><i>LUNCH</i></b>	<b><i>LUNCH</i></b>	<b><i>LUNCH</i></b>
TURKEY ALA KING	BAKED SALMON	BASIL BAKED FISH	SPICY CATFISH POBOY	ROAST RIB OF BEEF	ROAST TURKEY	BAKED CHICKEN
COUNTRY STYLE FRIED STEAK	BOURBON CHICKEN	ROAST TURKEY	GRILLED PORK CHOPS	BAKED HAM	CHEESE TORTELLINI	SOUTHWESTERN SHRIMP LINGUINI

BAJA BAKED COD	PASTA PRIMAVERA	PASTA PROVENCAL	CAJUN MEATLOAF	ROAST TURKEY	STUFFED GREEN PEPPERS	BEEF BULGOGI
ONION GRAVY	CHICKEN GRAVY	TURKEY GRAVY	CHICKEN GRAVY	BROWN GRAVY	TURKEY GRAVY	SICILIAN BROWN RICE
SPINACH & TOMATO ORZO	SCALLOPED POTATOES	MASHED POTATOES	CRISPY POTATO WEDGES	GLAZED SWEET POTATOES	CORN BREAD DRESSING	GARLIC MASHED POTATOES
PARMESAN RICE	HOPPING JOHN RICE	JEFFERSON NOODLES	RED BEANS AND RICE	CORNBREAD DRESSING	BAKED SWEET POTATOES	BRAISED CABBAGE
CARROTS ON THE GRIDDLE	BROCCOLI COMBO	CAULIFLOWER	CAJUN STYLE VEGETABLES	SAUTEED COLLARD GREENS WITH GARLIC	GRILLED ASPARAGUS	
ROASTED CAULIFLOWER	PEAS AND CARROTS	CARROTS	PEAS WITH ONIONS	BRAISED CARROTS W/ SPICES	SAUTEED MUSHROOM AND ONIONS	
MIXED VEGETABLES	SPINACH CLUB	BROCCOLI PARMESAN	CORN ON THE COB	CORN	FRIED CAULIFLOWER	
<b><i>DINNER</i></b>	<b><i>DINNER</i></b>	<b><i>DINNER</i></b>	<b><i>DINNER</i></b>	<b><i>DINNER</i></b>	<b><i>DINNER</i></b>	<b><i>DINNER</i></b>
SWEDISH MEATBALLS	PORK ROAST TENDERLOIN	BAJA FISH TACOS	LEMON ONION BAKED FISH	BAKED SALMON	MEATLOAF	
STEAK SMOTHERED IN ONIONS	TUNA NOODLES	BAKED MEXICAN CHICKEN	SIMMERED BEEF	PINEAPPLE BBQ MEATBALLS	CRISPY OVEN BAKED CHICKEN	
POLYNESIAN FILLET	SAVORY BAKED CHICKEN	BEEF STIR FRY	CAJUN CHICKEN	HONEY MUSTARD CHICKEN BREAST	PARMESAN FISH	
ONION GRAVY	CHICKEN GRAVY	BROWN GRAVY	CHICKEN GRAVY	TURKEY GRAVY	TURKEY GRAVY	
ORIENTAL RICE	LONG GRAIN AND WILD RICE	STEAMED RICE	DIRTY RICE	STEAMED RICE	ORZO WITH LEMON AND HERBS	
RISSOLE POTATOES	GLAZED SWEET POTATOES	HACIENDA POTATOES	ROASTED PEPPER POTATOES	CRISPY POTATO WEDGES	ROASTED ROSEMARY POTATO WEDGES	
CARROTS	BROCCOLI POLONAISE	SEASAME GLAZED GREEN BEANS	FRIED OKRA	JAPANESE STIR FRY VEGETABLES	ROASTED CARROTS WITH ROSEMARY	

BROCCOLI	CORN	CORN COMBO	GREEN BEANS	MIXED VEGETABLES	BRUSSEL SPROUTS	
CAULIFLOWER COMBO	STEWED TOMATOES	ROASTED BUTTERNUT SQUASH	CARROTS ON THE GRIDDLE	CURRIED CAULIFLOWER	BROCCOLI POLONAISE	