

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY Aug 1	FRIDAY Aug 2	SATURDAY Aug 3
<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>
				Pure Breakfast Bar 15 oz.	Pure Breakfast Bar 15 oz.	Pure Breakfast Bar 15 oz.
				Pure Food Burrito	Pure Food Burrito	Pure Food Burrito
				Pure food Grain Bowl	Pure food Grain Bowl	Pure food Grain Bowl
				Grilled Turkey Patty	Turkey Bacon	Grilled Turkey Sausage Links
				Bacon	Bacon	Bacon
				Creamed Beef	Creamed Beef	Creamed Beef
				French Toast	Pancakes	French Toast
				Biscuits	Biscuits	Biscuits
				Brown Rice	Hash Brown Potatoes	Cottage Fried Potatoes
				Boiled Eggs	Boiled Eggs	Boiled Eggs
				Scrambled Eggs	Scrambled Eggs	Scrambled Eggs
				Fried Eggs	Fried Eggs	Fried Eggs
				Omelet	Omelet	Omelet
				Grits	Grits	Grits
				Oatmeal	Oatmeal	Oatmeal
<i>DAILY SOUP/SALAD</i>	<i>DAILY SOUP/SALAD</i>	<i>DAILY SOUP/SALAD</i>	<i>DAILY SOUP/SALAD</i>	<i>DAILY SOUP/SALAD</i>	<i>DAILY SOUP/SALAD</i>	<i>DAILY SOUP/SALAD</i>
Pure Bar - Lunch/Dinner Large	Pure Bar - Lunch/Dinner Large	Pure Bar - Lunch/Dinner Large	Pure Bar - Lunch/Dinner Large	Pure Bar - Lunch/Dinner Large	Pure Bar - Lunch/Dinner Large	Pure Bar - Lunch/Dinner Large
<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>
				Beef and Corn Pie	Swiss Steak with Brown Gravy	Grilled Honey Sriracha Chicken
				Marinated Tomatoes with Penne Pasta & Basil	Stuffed Green Peppers	Chili Macaroni
				Mr. Z's Chicken	Onion Lemon Baked Fish	Shrimp Chop Suey
				Chicken Gravy	Brown Gravy	Brown Gravy
				Islander Rice	Brown Rice with Tomatoes	Steamed Rice
				O'Brien Potatoes	Simmered Pinto Beans	Baked Potato

				Curried Cauliflower	Succotash	Oriental Stir Fry Cabbage
				Green Beans with Mushrooms	Peas	Corn Combo
				Roasted Carrots w/ Rosemary	Mediterranean Grilled Asparagus	Fried Okra
<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>
				BBQ Beef Cubes	Lasagna	Jamaican Chicken
				Chicken Enchiladas	Chicken Cacciatore	Braised Spareribs
				Ground Turkey Lasagna	Italian Broccoli Pasta	Salisbury Grilled Salmon
				Chicken Gravy	Brown Gravy	Brown Gravy
				Steamed Rice	Harvest Blend Rice	Brown Rice
				Baked Macaroni and Cheese	Franconia Potatoes	Baked Beans
				Grilled Asparagus	Scalloped Corn	Peas with Mushroom and Onions
				Black- Eyed Peas	Herbed Green Beans	Sesame Glazed Green Beans
				Broccoli Combo	Carrots on the Griddle	Southern Style Collard Green Beans