

<b>SUNDAY October 13</b>	<b>MONDAY October 14</b>	<b>TUESDAY October 15</b>	<b>WEDNESDAY October 16</b>	<b>THURSDAY October 17</b>	<b>FRIDAY October 18</b>	<b>SATURDAY October 19</b>
<b><i>BREAKFAST</i></b>	<b><i>BREAKFAST</i></b>	<b><i>BREAKFAST</i></b>	<b><i>BREAKFAST</i></b>	<b><i>BREAKFAST</i></b>	<b><i>BREAKFAST</i></b>	<b><i>BREAKFAST</i></b>
PURE BREAKFAST BAR	PURE BREAKFAST BAR	PURE BREAKFAST BAR	PURE BREAKFAST BAR	PURE BREAKFAST BAR	PURE BREAKFAST BAR	PURE BREAKFAST BAR
PURE FOOD	PURE FOOD BURRITO	PURE FOOD BURRITO	PURE FOOD BURRITO	PURE FOOD BURRITO	PURE FOOD BURRITO	PURE FOOD BURRITO
PURE FOOD GRAIN BOWL	PURE FOOD GRAIN BOWL	PURE FOOD GRAIN BOWL	PURE FOOD GRAIN BOWL	PURE FOOD GRAIN BOWL	PURE FOOD GRAIN BOWL	PURE FOOD GRAIN BOWL
TURKEY BACON	GRILLED TURKEY SAUSAGE LINKS	GRILLED TURKEY PATTY	TURKEY BACON	GRILLED TURKEY SAUSAGE LINKS	GRILLED TURKEY PATTY	TURKEY BACON
BACON	BACON	BACON	BACON	BACON	BACON	BACON
CREAMED BEEF	CREAMED BEEF	CREAMED BEEF	CREAMED BEEF	CREAMED BEEF	CREAMED BEEF	CREAMED BEEF
FRENCH TOAST	PANCAKES	WAFFLES	CHOCOLATE CHIP PANCAKES	PANCAKES	FRENCH TOAST	PANCAKES
BISCUITS	BISCUITS	BISCUITS	BISCUITS	BISCUITS	BISCUITS	BISCUITS
HASH BROWN PATTY	BROWN RICE	COTTAGE FRIED POTATOES	COTTAGE FRIED POTATOES	BROWN RICE	HASH BROWN POTATOES	BROWN RICE
HARD BOILED GGS	HARD BOILED EGGS	HARD BOILED EGGS	HARD BOILED EGGS	HARD BOILED EGGS	HARD BOILED EGGS	HARD BOILED EGGS
SCRAMBLED EGGS	SCRAMBLED EGGS	SCRAMBLED EGGS	SCRAMBLED EGGS	SCRAMBLED EGGS	SCRAMBLED EGGS	SCRAMBLED EGGS
FRIED EGGS	FRIED EGGS	FRIED EGGS	FRIED EGGS	FRIED EGGS	FRIED EGGS	FRIED EGGS
OMELET G4G	OMELET G4G	OMELET G4G	OMELET G4G	OMELET G4G	OMELET G4G	OMELET G4G
GRITS	OATMEAL	GRITS	OATMEAL	GRITS	OATMEAL	GRITS
<b><i>DAILY SOUP/SALAD</i></b>	<b><i>DAILY SOUP/SALAD</i></b>	<b><i>DAILY SOUP/SALAD</i></b>	<b><i>DAILY SOUP/SALAD</i></b>	<b><i>DAILY SOUP/SALAD</i></b>	<b><i>DAILY SOUP/SALAD</i></b>	<b><i>DAILY SOUP/SALAD</i></b>
LUNCH AND DINNER PURE BAR LARGE & SMALL	LUNCH AND DINNER PURE BAR LARGE & SMALL	LUNCH AND DINNER PURE BAR LARGE & SMALL	LUNCH AND DINNER PURE BAR LARGE & SMALL	LUNCH AND DINNER PURE BAR LARGE & SMALL	LUNCH AND DINNER PURE BAR LARGE & SMALL	LUNCH AND DINNER PURE BAR LARGE & SMALL
<b><i>LUNCH</i></b>	<b><i>LUNCH</i></b>	<b><i>LUNCH</i></b>	<b><i>LUNCH</i></b>	<b><i>LUNCH</i></b>	<b><i>LUNCH</i></b>	<b><i>LUNCH</i></b>
CHEESE TORTELLINI	CARIBBEAN CATFISH	BAKED FISH	GRILLED BRATWURST	HONEY GINGER CHICKEN	BOURBON CHICKEN	FRENCH FRIED SHRIMP
FRENCH FRIED SHRIMP	JERK ROAST TURKEY	SPAGHETTI WITH MEAT SAUCE	PORK SCHNITZEL	GRILLED SALMON WITH CITRUS BUTTER	ITALIAN BROCCOLI PASTA	HOT AND SPICY CHICKEN
BOURBON CHICKEN	BEEF STUFFED GREEN PEPPERS	BAKED CHICKEN	CRANBERRY GLAZED CHICKEN	BBQ BRISKET	STUFFED BAKED PORK CHOPS	ZITI WITH MEAT SAUCE
CHICKEN GRAVY	CHICKEN GRAVY	CHICKEN GRAVY	CHICKEN GRAVY	BROWN GRAVY	CHICKEN GRAVY	CHICKEN GRAVY
ROASTED PEPPER POTATOES	BAKED POTATO HALVES	BAKED MAC & CHEESE	GARLIC MASHED POTATOES	SPICY BROWN PILAF RICE	SAVORY STYLE BEANS	HARVEST BLEND RICE
STEAMED RICE	ISLANDERS RICE	MASHED POTATOES	LYONNAISE RICE	SWEET POTATOES SOUTHERN STYLE	OVEN BROWNEED POTATOES	BUTTERED PARSLEY POTATOES
CARROTS W/ ROSEMARY	FRENCH STYLE GREEN BEANS	CARROTS		CORN	CARROTS ON THE GRIDDLE	SUCCOTASH

			GARLIC SAUTEED SPINACH			
SUCCOTASH	GARLIC PEAS	CORN ON THE COB	CORN CALICO	MIXED VEGETABLES	BROCCOLI	FRIED OKRA
JAPANESE STIR FRY VEGETABLES	CORN COMBO	BLACK EYED PEAS	ROASTED BUTTERNUT SQUASH	STEWED TOMATOES	CAULIFLOWER AU GRATIN	HERBED GREEN BEANS
<b><i>DINNER</i></b>	<b><i>DINNER</i></b>	<b><i>DINNER</i></b>	<b><i>DINNER</i></b>	<b><i>DINNER</i></b>	<b><i>DINNER</i></b>	<b><i>DINNER</i></b>
BEEF POT PIE	SOUTHWESTERN SWEET POTATOES BLACK BEANS & CORN	BBQ BEEF CUBES	CORNER BEEF	CRISPY OVEN BAKED CHICKEN	GREEK LEMON TURKEY PASTA	BEEF STIR FRY
LEMON BAKED FISH	BEEF STEW	SOUTHWESTERN FISH	CHICKEN BREAST DIJON	ROAST BEEF	SAVORY BAKED CHICKEN	BAKED STUFFED FISH
HERBED BAKED CHICKEN	CHICKEN BREAST DIJON	BEEF FAJITAS	ONION LEMON BAKED FISH	PARMESAN CRUSTED COD	OVEN FRIED FISH	CHICKEN BULGOGI
CHICKEN GRAVY	BROWN GRAVY	BROWN GRAVY	CHICKEN GRAVY	CHICKEN GRAVY	CHICKEN GRAVY	CHICKEN GRAVY
BAKED SWEET POTATOES	RICE PILAF	MEXICAN RICE	HOPPING JOHN RICE	STEAMED RICE	BROWN RICE WITH SICILIAN VEGETABLES	LYONNAISE POTATOES
STEAMED RICE	ROASTED PEPPER POTATOES	REFRIED BEANS W/ CHEESE	COTTAGE FRIED POTATOES	BAKED SWEET POTATO	MASHED POTATOES	DIRTY RICE
CREAM STYLE CORN	GRILLED ASPARAGUS	PEAS	BRAISED CABBAGE	FRIED OKRA	CARROTS	FRIED CAULIFLOWER
BROCCOLI COMBO	CREAM STYLE CORN	MEXICAN CORN	PEAS AND CARROTS	CARROTS	MIXED VEGETABLES	JAPANESE STIR FRY VEGETABLES
BRAISED CARROTS	CAULIFLOWER	SPINACH	SAVORY SUMMER SQUASH	CORN COMBO	GREEN BEANS WITH MUSHROOMS	GLAZE CARROTS