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SUNDAY	MONDAY	TUESDAY October 1	WEDNESDAY October 2	THURSDAY October 3	FRIDAY October 4	SATURDAY October 5
BREAKFAST						
		PURE BREAKFAST BAR				
		PURE FOOD BURRITO				
		PURE FOOD GRAIN BOWL				
		GRILLED TURKEY SAUSAGE LINKS	GRILLED TURKEY PATTY	TURKEY BACON	GRILLED TURKEY SAUSAGE LINKS	GRILLED TURKEY PATTY
	 	BACON	BACON	BACON	BACON	BACON
	ļ	CREAMED BEEF				
		WAFFLES	CHOCOLATE CHIP PANCAKES	PANCAKES	FRENCH TOAST	PANCAKES
		BISCUITS	BISCUITS	BISCUITS	BISCUITS	BISCUITS
		HASH BROWN PATTY	COTTAGE FRIED POTATOES	BROWN RICE	HASH BROWN POTATOES	COTTAGE FRIED POTATOES
	ļ	HARD BOILED EGGS				
	1	SCRAMBLED EGGS				
	1	FRIED EGGS				
	·	OMELET G4G				
	ļ	GRITS	OATMEAL	GRITS	OATMEAL	GRITS
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DAILY SOUP/SALAD						
LUNCH AND DINNER PURE BAR LARGE & SMALL						
LUNCH						
		BASIL BAKED FISH	CORNED BEEF	BAKED DIJON PORK CHOP	ROAST TURKEY	BAKED CHICKEN
		ROAST TURKEY	ONION LEMON BAKED FISH	LASAGNA	CHEESE TORTELLINI	SOUTHWESTERN SHRIMP LINGUINI
		PASTA PROVENCAL	CHICKEN BREAST DIJON	TURKEY BREAST FILLET	STUFFED GREEN PEPPERS	BEEF BULGOGI
		TURKEY GRAVY	CHICKEN GRAVY	BROWN GRAVY	TURKEY GRAVY	CHICKEN GRAVY
		MASHED POTATOES	COTTAGE FRIED POTATOES	ITALIAN STYLE BAKED BEANS	CORN BREAD DRESSING	GARLIC MASHED POTATOES

		JEFFERSON NOODLES	HOPPING JOHN RICE	BARLEY PILAF	BAKED SWEET POTATOES	SICILIAN BROWN RICE W/ VEGETABLES
		CAULIFLOWER	BRAISED CABBAGE	SAUTEED COLLARD GREENS WITH GARLIC	GRILLED ASPARAGUS	HERBED GREEN BEANS
		CARROTS	PEAS AND CARROT5	CAULIFLOWER COMBO	SAUTEED MUSHROOM AND ONIONS	FRIED OKRA
		BROCCOLI PARMESAN	SAVORY SUMMER SQUASH	SCALLOPED CORN	FRIED CAULIFLOWER	BRAISED CABBAGE
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
		BAJA FISH TACOS	GRILLED BRATWURST	BAKED SALMON	HANBURGER YAKISOBA	HONEY GINGER CHICKEN
		BAKED MEXICAN CHICKEN	PORK SCHNITZEL	PINEAPPLE BBQ MEATBALLS	CRISPY OVEN BAKED CHICKEN	SALISBURY STEAK
		BEEF STIR FRY	CRANBERRY GLAZED CHICKEN	HONEY MUSTARD CHICKEN BREAST	PARMESAN FISH	CHEESE MANICOTTI
		BROWN GRAVY	CHICKEN GRAVY	TURKEY GRAVY	TURKEY GRAVY	BROWN GRAVY
		STEAMED RICE	LYONNAISE RICE	STEAMED RICE	ORZO WITH LEMON AND HERBS	SWEET POTATOES SOUTHERN STYLE
		HACIENDA POTATOES	GARLIC MASHED POTATOES	CRISPY POTATO WEDGES	ROASTED ROSEMARY POTATO WEDGES	BOSTON BAKED BEANS
		SEASAME GLAZED GREEN BEANS	GARLIC SAUTEED SPINACH	JAPANESE STIR FRY VEGETABLES	ROASTED CARROTS WITH ROSEMARY	CAULIFLOWER AU GRATIN
		CORN COMBO	ROASTED BUTTERNUT SQUASH	MIXED VEGETABLES	BRUSSEL SPROUTS	COLLARD GREENS
		ROASTED BUTTERNUT SQUASH	CORN CALICO	CURRIED CAULIFLOWER	BROCCOLI POLONAISE	SCALLOPED CORN