

<b>SUNDAY October 20</b>	<b>MONDAY October 21</b>	<b>TUESDAY October 22</b>	<b>WEDNESDAY October 23</b>	<b>THURSDAY October 24</b>	<b>FRIDAY October 25</b>	<b>SATURDAY October 26</b>
<b><i>BREAKFAST</i></b>	<b><i>BREAKFAST</i></b>	<b><i>BREAKFAST</i></b>	<b><i>BREAKFAST</i></b>	<b><i>BREAKFAST</i></b>	<b><i>BREAKFAST</i></b>	<b><i>BREAKFAST</i></b>
Pure Breakfast Bar 15 oz.	Pure Breakfast Bar 15 oz.	Pure Breakfast Bar 15 oz.	Pure Breakfast Bar 15 oz.	Pure Breakfast Bar 15 oz.	Pure Breakfast Bar 15 oz.	Pure Breakfast Bar 15 oz.
Pure Food Burrito	Pure Food Burrito	Pure Food Burrito	Pure Food Burrito	Pure Food Burrito	Pure Food Burrito	Pure Food Burrito
Pure Food Grain Bowl	Pure Food Grain Bowl	Pure food Grain Bowl	Pure food Grain Bowl	Pure food Grain Bowl	Pure food Grain Bowl	Pure food Grain Bowl
Grilled Turkey Sausage Links	Grilled Turkey Patty	Turkey Bacon	Grilled Turkey Sausage Links	Grilled Turkey Patty	Turkey Bacon	Grilled Turkey Sausage Links
Bacon	Bacon	Bacon	Bacon	Bacon	Bacon	Bacon
Creamed Beef	Creamed Beef	Creamed Beef	Creamed Beef	Creamed Beef	Creamed Beef	Creamed Beef
Pancakes	Waffles	French Toast	Chocolate Chip Pancakes	French Toast	Pancakes	French Toast
Biscuits	Biscuits	Biscuits	Biscuits	Biscuits	Biscuits	Biscuits
Hash Brown Patty	Hash Brown Patty	Brown Rice	Cottage Fried Potatoes	Brown Rice	Hash Brown Potatoes	Cottage Fried Potatoes
Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs
Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs
Fried Eggs	Fried Eggs	Fried Eggs	Fried Eggs	Fried Eggs	Fried Eggs	Fried Eggs
Omelet	Omelet	Omelet	Omelet	Omelet	Omelet	Omelet
Grits	Grits	Grits	Grits	Grits	Grits	Grits
Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal
<b><i>DAILY SOUP/SALAD</i></b>	<b><i>DAILY SOUP/SALAD</i></b>	<b><i>DAILY SOUP/SALAD</i></b>	<b><i>DAILY SOUP/SALAD</i></b>	<b><i>DAILY SOUP/SALAD</i></b>	<b><i>DAILY SOUP/SALAD</i></b>	<b><i>DAILY SOUP/SALAD</i></b>
Pure Bar - Lunch/Dinner Large	Pure Bar - Lunch/Dinner Large	Pure Bar - Lunch/Dinner Large	Pure Bar - Lunch/Dinner Large	Pure Bar - Lunch/Dinner Large	Pure Bar - Lunch/Dinner Large	Pure Bar - Lunch/Dinner Large
<b><i>LUNCH</i></b>	<b><i>LUNCH</i></b>	<b><i>LUNCH</i></b>	<b><i>LUNCH</i></b>	<b><i>LUNCH</i></b>	<b><i>LUNCH</i></b>	<b><i>LUNCH</i></b>
Turkey Spaghetti with Meat Sauce	Roast Beef	Chicken Kabob	German Chicken Schnitzel	B.B.Q. Spareribs	Swiss Steak with Brown Gravy	Grilled Honey Sriracha Chicken
Shrimp Jambalaya	Chicken Cordon Bleu	Pepper Steak	Braised Beef and Noodles	Hamburger & Hot Dogs	Stuffed Green Peppers	Chili Macaroni
Southern Fried Chicken	Pasta Primavera	Mediterranean Salmon	Maple Ginger Salmon	B.B.Q. Chicken	Onion Lemon Baked Fish	Shrimp Chop Suey
Onion Gravy	Brown Gravy	Chicken Gravy	Chicken Gravy	Chicken Gravy	Brown Gravy	Brown Gravy
Boston Baked Beans	Mashed Potatoes	Steamed Rice	Brown Rice	French Fries	Brown Rice with Tomatoes	Steamed Rice
Buttered Egg Noodles	Steamed Rice	Roasted Redskin Potatoes	Potato and Herbs	Baked Beans	Simmered Pinto Beans	Baked Potato

Peas with Mushrooms and Onions	Brussel Sprouts	Braised Cabbage	Carrots on the Griddle	Macaroni & Cheese	Succotash	Oriental Stir Fry Cabbage
Carrots	Cream Style Corn	Mexican Corn	Sesame Glaze Green Beans	Corn on the Cob	Peas	Corn Combo
Cauliflower Combo	Glazed Carrots	Sauteed Mushroom and Onions	Peas with Mushrooms and Onions	Watermelon	Mediterranean Grilled Asparagus	Fried Okra
<b><i>DINNER</i></b>	<b><i>DINNER</i></b>	<b><i>DINNER</i></b>	<b><i>DINNER</i></b>	<b><i>DINNER</i></b>	<b><i>DINNER</i></b>	<b><i>DINNER</i></b>
Baked Dijon Chicken	Turkey Nuggets	Sweet and Spicy Orange Salmon	Sauerbraten	BBQ Beef Cubes	Lasagna	Jamaican Chicken
Chili Mac	Beef and Corn Pie	Cheese Tortellini	Grilled Knockwurst	Chicken Enchiladas	Chicken Cacciatore	Braised Spareribs
Lemon Pepper Catfish	Bourbon Chicken	Steak Ranchero	Parmesan Fish	Ground Turkey Lasagna	Italian Broccoli Pasta	Salisbury Grilled Salmon
Brown Gravy	Turkey Gravy	Chicken Gravy	Brown Gravy	Chicken Gravy	Brown Gravy	Brown Gravy
Simmered Pinto Beans	Long Grain and Wild Rice	Brown Rice	Brown Rice	Steamed Rice	Harvest Blend Rice	Brown Rice
Hopping John Rice	Oven Browned Potatoes	Cottage Fried Potatoes	Hot German Potato Salad	Baked Macaroni and Cheese	Franconia Potatoes	Baked Beans
Roasted Cauliflower	Japanese Stir Fry Vegetables	Peas and Carrots	Roasted Carrots with Rosemary	Grilled Asparagus	Scalloped Corn	Peas with Mushroom and Onions
Broccoli	Herbed Green Beans	Green Beans with Mushrooms	Mixed Vegetables	Black- Eyed Peas	Herbed Green Beans	Sesame Glazed Green Beans
Corn	Grilled Asparagus	Corn Calico	Grilled Asparagus	Broccoli Combo	Carrots on the Griddle	Southern Style Collard Green Beans