| SUNDAY December 15 | MONDAY December 16 | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|-------------------------------------|----------------------------------|----------------------------------|----------------------------------|----------------------------------|----------------------------------|-----------------------------------|
| BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST |
| Pure Breakfast Bar 15 oz. | Pure Breakfast Bar 15 oz. | Pure Breakfast Bar 15 oz. | Pure Breakfast Bar 15 oz. | Pure Breakfast Bar 15 oz. | Pure Breakfast Bar 15 oz. | Pure Breakfast Bar 15 oz. |
| Pure Food Burrito | Pure Food Burrito | Pure Food Burrito | Pure Food Burrito | Pure Food Burrito | Pure Food Burrito | Pure Food Burrito |
| Pure Food Grain Bowl | Pure Food Grain Bowl | Pure food Grain Bowl | Pure food Grain Bowl | Pure food Grain Bowl | Pure food Grain Bowl | Pure food Grain Bowl |
| Grilled Turkey Sausage Links | Grilled Turkey Patty | Turkey Bacon | Grilled Turkey Sausage Links | Grilled Turkey Patty | Turkey Bacon | Grilled Turkey Sausage Links |
| Bacon | Bacon | Bacon | Bacon | Bacon | Bacon | Bacon |
| Creamed Beef | Creamed Beef | Creamed Beef | Creamed Beef | Creamed Beef | Creamed Beef | Creamed Beef |
| Pancakes | Waffles | French Toast | Chocolate Chip Pancakes | French Toast | Pancakes | French Toast |
| Biscuits | Biscuits | Biscuits | Biscuits | Biscuits | Biscuits | Biscuits |
| Hash Brown Patty | Hash Brown Patty | Brown Rice | Cottage Fried Potatoes | Brown Rice | Hash Brown Potatoes | Cottage Fried Potatoes |
| Boiled Eggs | Boiled Eggs | Boiled Eggs | Boiled Eggs | Boiled Eggs | Boiled Eggs | Boiled Eggs |
| Scrambled Eggs | Scrambled Eggs | Scrambled Eggs | Scrambled Eggs | Scrambled Eggs | Scrambled Eggs | Scrambled Eggs |
| Fried Eggs | Fried Eggs | Fried Eggs | Fried Eggs | Fried Eggs | Fried Eggs | Fried Eggs |
| Omelet | Omelet | Omelet | Omelet | Omelet | Omelet | Omelet |
| Grits | Grits | Grits | Grits | Grits | Grits | Grits |
| Oatmeal | Oatmeal | Oatmeal | Oatmeal | Oatmeal | Oatmeal | Oatmeal |
| | | | | | | |
| DAILY SOUP/SALAD | DAILY SOUP/SALAD | DAILY SOUP/SALAD | DAILY SOUP/SALAD | DAILY SOUP/SALAD | DAILY SOUP/SALAD | DAILY SOUP/SALAD |
| Pure Bar - Lunch/Dinner Large | Pure Bar - Lunch/Dinner Large | Pure Bar - Lunch/Dinner Large | Pure Bar - Lunch/Dinner Large | Pure Bar - Lunch/Dinner Large | Pure Bar - Lunch/Dinner Large | Pure Bar - Lunch/Dinner Large |
| LUNCH | LUNCH | LUNCH | LUNCH | LUNCH | LUNCH | LUNCH |
| Turkey Spaghetti with Meat Sauce | Roast Beef | Chicken Kabob | German Chicken Schnitzel | Roast Rib of Beef | Swiss Steak with Brown Gravy | Grilled Honey Sriracha Chicken |
| Parmesan Fish | Chicken Cordon Bleu | Pepper Steak | Braised Beef and Noodles | Roast Turkey | Stuffed Green Peppers | Chili Macaroni |
| Southern Fried Chicken | Pasta Primavera | Mediterranean Salmon | Maple Ginger Salmon | Baked Ham | Onion Lemon Baked Fish | Shrimp Chop Suey |
| Onion Gravy | Brown Gravy | Chicken Gravy | Chicken Gravy | Brown Gravy | Brown Gravy | Brown Gravy |
| Boston Baked Beans | Mashed Potatoes | Steamed Rice | Brown Rice | Southern Style Sweet Potatoes | Brown Rice with Tomatoes | Steamed Rice |

| Buttered Egg Noodles | Steamed Rice | Roasted Redskin Potatoes | Potato and Herbs | Mashed Potatoes | Simmered Pinto Beans | Baked Potato |
|-----------------------------------|------------------------------|----------------------------------|-----------------------------------|-------------------------------|------------------------------------|---------------------------------------|
| Peas with Mushrooms and Onions | Brussel Sprouts | Braised Cabbage | Carrots on the Griddle | Macaroni & Cheese | Succotash | Oriental Stir Fry Cabbage |
| Carrots | Cream Style Corn | Mexican Corn | Sesame Glaze Green Beans | Corn on the Cobb | Peas | Corn Combo |
| Cauliflower Combo | Glazed Carrots | Sauteed Mushroom and Onions | Peas with Mushrooms and Onions | Green Beans with Mushrooms | Mediterranean Grilled Asparagus | Fried Okra |
| DINNER | DINNER | DINNER | DINNER | DINNER | DINNER | DINNER |
| Baked Dijon Chicken | Turkey Nuggets | Sweet and Spicy Orange Salmon | Mr. Z's Chicken | BBQ Beef Cubes | Lasagna | Jamaican Chicken |
| Chili Mac | Beef and Corn Pie | Cheese Tortellini | Grilled Bratwurst | Chicken Enchiladas | Chicken Cacciatore | Braised Spareribs |
| Lemon Pepper Catfish | Bourbon Chicken | Steak Ranchero | Parmesan Fish | Ground Turkey Lasagna | Italian Broccoli Pasta | Salisbury Grilled Salmon |
| Brown Gravy | Turkey Gravy | Chicken Gravy | Chicken Gravy | Chicken Gravy | Brown Gravy | Brown Gravy |
| Simmered Pinto Beans | Long Grain and Wild Rice | Brown Rice | Steamed Rice | Steamed Rice | Harvest Blend Rice | Brown Rice |
| Hopping John Rice | Oven Browned Potatoes | Cottage Fried Potatoes | Lyonnaise Potatoes | Baked Macaroni and Cheese | Franconia Potatoes | Baked Beans |
| Roasted Cauliflower | Japanese Stir Fry Vegetables | Peas and Carrots | Brussel Sprouts | Grilled Asparagus | Scalloped Corn | Peas with Mushroom and Onions |
| Broccoli | Herbed Green Beans | Green Beans with Mushrooms | Corn Combo | Black- Eyed Peas | Herbed Green Beans | Sesame Glazed Green Beans |
| Corn | Grilled Asparagus | Corn Calico | French Style Peas | Broccoli Combo | Carrots on the Griddle | Southern Style Collard Green Beans |