

SUNDAY January 28	MONDAY January 29	TUESDAY January 30	WEDNESDAY January 31	THURSDAY	FRIDAY	SATURDAY
<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>
Pure Breakfast Bar 15 oz.	Pure Breakfast Bar 15 oz.	Pure Breakfast Bar 15 oz.	Pure Breakfast Bar 15 oz.			
Pure Food Burrito	Pure Food Burrito	Pure Food Burrito	Pure Food Burrito			
Pure Food Grain Bowl	Pure Food Grain Bowl	Pure Food Grain Bowl	Pure Food Grain Bowl			
Turkey Bacon	Turkey Bacon	Grilled Turkey Sausage Links	Grilled Turkey Patty			
Bacon	Bacon	Bacon	Bacon			
Creamed Beef	Creamed Beef	Creamed Beef	Creamed Beef			
Pancakes	Waffles	Pancakes	Chocolate Chip Pancakes			
Biscuits	Biscuits	Biscuits	Biscuits			
Hash Brown Patty	Hash Brown Potatoes	Hash Brown Patty	Brown Rice			
Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs			
Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs			
Fried Eggs	Fried Eggs	Fried Eggs	Fried Eggs			
Omelet	Omelet	Omelet	Omelet			
Grits	Grits	Grits	Grits			
Oatmeal	Oatmeal	Oatmeal	Oatmeal			
Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich			
<i>DAILY SOUP/SALAD</i>	<i>DAILY SOUP/SALAD</i>	<i>DAILY SOUP/SALAD</i>	<i>DAILY SOUP/SALAD</i>	<i>DAILY SOUP/SALAD</i>	<i>DAILY SOUP/SALAD</i>	<i>DAILY SOUP/SALAD</i>
Pure Bar - Lunch/Dinner Large	Pure Bar - Lunch/Dinner Large	Pure Bar - Lunch/Dinner Large	Pure Bar - Lunch/Dinner Large	Pure Bar - Lunch/Dinner Large	Pure Bar - Lunch/Dinner Large	Pure Bar - Lunch/Dinner Large
<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>
Creole Fish Fillets	Simmered Beef	Chili Mac	Shrimp Kabob			
Stir Fry Chicken w/ Broccoli	Almond Crusted Cod	Basil Baked Fish	Lemon Basil Pasta			
Teriyaki Steak	Southwestern Sweet Potatoes Black Beans and Corn	Teriyaki Chicken	Ginger BBQ Chicken			
Onion Gravy	Brown Gravy	Chicken Gravy	Chicken Gravy			
Lyonnais Rice	Roasted Pepper Potatoes	Rice Pilaf	Garlic and Soy Roasted Potatoes			
Roasted Pepper Potatoes	Steamed Rice	Simmered Pinto Beans	Steamed Rice			

Peas with Mushrooms and Onions	Peas and Carrots	Green Beans with Mushrooms	Green Beans with Sesame Glaze			
Roasted Cauliflower	Grilled Asparagus	Oriental Fried Cabbage	Sauteed Mushroom and Onions			
French Style Green Beans	Corn	Cauliflower	Grilled Asparagus			
<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>
Chicken Ala King	Spaghetti with Turkey Meat Sauce	Roast Pork Tenderloin	Marinated Tomatoes with Penne Pasta and Basil			
Baked Fish	Baked Fish w/ Lemon Garlic Butter	Baja Baked Cod	Southern Fried Chicken			
Pasta Primavera	Stir Fried Garden Vegetables w/ Marinated Tofu & Brown Rice	Pasta Provencal	Sweet Chili BBQ Meatballs			
Brown Gravy	Onion Gravy	Chicken Gravy	Chicken Gravy			
O'Brien Potatoes	Long Grain and Wild Rice	Steamed Rice	Brown Rice			
Quinoa Southwest Pilaf	Buttered Parsley Potatoes	Scalloped Potatoes	Potato and Herbs			
Roasted Butternut Squash	Succotash	Broccoli Combo	Curried Cauliflower			
Stewed Tomatoes	Cauliflower Parmesan	Corn Calico	Stewed Tomatoes			
Hacienda Corn and Black Beans	Roasted Carrots with Rosemary	Garlic Sauteed Spinach	Grilled Asparagus			