| SUNDAY<br>October 25 | MONDAY<br>October 26 | TUESDAY<br>October 27 | WEDNESDAY<br>October 28 | THURSDAY<br>October 29 | FRIDAY<br>October 30 | SATURDAY<br>October 31 |
|---|---|---|---|---|---|---|
| ***BREAKFAST*** | ***BREAKFAST*** | ***BREAKFAST*** | ***BREAKFAST*** | ***BREAKFAST*** | ***BREAKFAST*** | ***BREAKFAST*** |
| Pure Breakfast Bar 15 oz. | Pure Breakfast Bar 15 oz. | Pure Breakfast Bar 15 oz. | Pure Breakfast Bar 15 oz. | Pure Breakfast Bar 15 oz. | Pure Breakfast Bar 15 oz. | Pure Breakfast Bar 15 oz. |
| Pure Food Burrito | Pure Food Burrito | Pure Food Burrito | Pure Food Burrito | Pure Food Burrito | Pure Food Burrito | Pure Food Burrito |
| Pure Food Grain Bowl | Pure Food Grain Bowl | Pure Food Grain Bowl | Pure Food Grain Bowl | Pure Food Grain Bowl | Pure Food Grain Bowl | Pure Food Grain Bowl |
| Grilled Turkey Sausage Links | Grilled Turkey Patty | Baked Sausage Patty | Turkey Bacon | Grilled Turkey Sausage Links | Turkey Bacon | Grilled Turkey Patty |
| Bacon | Bacon | Bacon | Bacon | Bacon | Bacon | Bacon |
| Creamed Beef | Creamed Beef | Creamed Beef | Creamed Beef | Creamed Beef | Creamed Beef | Creamed Beef |
| French Toast | Pancakes | French Toast | Chocolate Chip Pancakes | French Toast | Pancakes | French Toast |
| Biscuits | Biscuits | Biscuits | Biscuits | Biscuits | Biscuits | Biscuits |
| Hash Brown Patty | Hash Brown Patty | Shredded Hash Browns | Brown Rice | Hash Brown Patty | Cottage Fried Potatoes | Shredded Hash Browns |
| Boiled Eggs | Boiled Eggs | Boiled Eggs | Boiled Eggs | Boiled Eggs | Hard Boiled Eggs | Hard Boiled Eggs |
| Scrambled Eggs | Scrambled Eggs | Scrambled Eggs | Scrambled Eggs | Scrambled Eggs | Scrambled Eggs | Scrambled Eggs |
| Fried Eggs | Fried Eggs | Fried Eggs | Fried Eggs | Fried Eggs | Fried Eggs | Fried Eggs |
| Omelet | Omelet | Omelet | Omelet | Omelet | Omelet | Omelet |
| Grits | Grits | Grits | Grits | Grits | Grits | Grits |
| Oatmeal | Oatmeal | Oatmeal | Oatmeal | Oatmeal | Oatmeal | Oatmeal |
| | | | | | | |
| ***DAILY SOUP/SALAD*** | ***DAILY SOUP/SALAD*** | ***DAILY SOUP/SALAD*** | ***DAILY SOUP/SALAD*** | ***DAILY SOUP/SALAD*** | ***DAILY SOUP/SALAD*** | ***DAILY SOUP/SALAD*** |
| | | | | | | |
| Pure Bar - Lunch/Dinner Large | Pure Bar - Lunch/Dinner Large | Pure Bar - Lunch/Dinner Large | Pure Bar - Lunch/Dinner Large | Pure Bar - Lunch/Dinner Large | Pure Bar - Lunch/Dinner Large | Pure Bar - Lunch/Dinner Large |
| | | | | | | |
| ***LUNCH*** | ***LUNCH*** | ***LUNCH*** | ***LUNCH*** | ***LUNCH*** | ***LUNCH*** | ***LUNCH*** |
| Greek Lemon Turkey Pasta | Creole Catfish Fillets | Honey Ginger Chicken | Baja Fish Tacos | Lemon Onion Baked Fish | Baled Salmon | Turkey and Spinach Meatloaf |
| Oven Fried Fish | Tuscan Chicken | Pepper Steak | Baked Mexican Chicken | Simmered Beef | Pineapple BBQ Meatballs | Crispy Oven Baked Chicken |
| Steak Ranchero | Teriyaki Steak | Cheese Manicotti | Stuffed Green Peppers | Cajun Chicken | Honey Mustard Chicken Breast | Parmesan Fish |
| Brown Gravy | Chicken Gravy | Chicken Gravy | Brown Gravy | Brown Gravy | Chicken Gravy | Turkey Gravy |
| Cottage Fried Potatoes | Jalapeno Rice | Roasted Chopped Potatoes | Steamed Rice | Roasted Pepper Potatoes | Rissole Potatoes | Orzo with Lemon and Herbs |

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| Steamed Rice | Roasted Pepper Potatoes | Italian Baked Beans | Hacienda Potatoes | Dirty Rice | Steamed Rice | Roasted Rosemary Potato Wedges |
| Carrots | Peas with Mushrooms & Onions | Cauliflower Au Gratin | Corn Combo | Carrots on the Griddle | Calico Corn | Roasted Carrots with Rosemary |
| Braised Cabbage | Roasted Cauliflower | Collard Greens | Sesame Glazed Green Beans | Fried Okra | Mixed Vegetables | Brussel Sprouts |
| Corn Combo | French Style Green Beans | Scalloped Corn | Roasted Butternut Squash | Creole Green Beans | Roasted Cauliflower | Broccoli Polonaise |
| | | | | | | |
| ***DINNER*** | ***DINNER*** | ***DINNER*** | ***DINNER*** | ***DINNER*** | ***DINNER*** | ***DINNER*** |
| Roast Beef | Chicken Ala King | Caribbean Beef Curry | Basil Baked Fish | Harvest Vegetable & Bean Ragout | Pork Carnitas | Teriyaki Chicken |
| Sundried Tomato Pesto Pasta | Baked Fish | Baked Salmon | Turkey Breast Fillet | Grilled Pork Chops | Spinach Lasagna | Cheese Tortellini with Marinara |
| Chicken Cacciatore | Pasta Primavera | Honey Sriracha Chicken | Eggplant Parmesan | Cajun Meatloaf | Savory Baked Chicken | Stuffed Green Peppers |
| Brown Gravy | Chicken Gravy | Chicken Gravy | Turkey Gravy | Onion Gravy | Chicken Gravy | Chicken Gravy |
| Mashed Potatoes | Quinoa Southwest Pilaf | Steamed Brown Rice | Mashed Potatoes | Red Beans and Rice | Italian Style Baked Beans | Steamed Rice |
| Dirty Rice | O'Brien Potatoes | Garlic Mashed Potatoes | Jefferson Noodles | Crispy Potato Wedges | Cilantro Lime Brown Rice | Baked Sweet Potato |
| Carrots on the Griddle | Hacienda Corn & Black Beans | Herbed Green Beans | Cauliflower | Corn on the Cob | Broccoli | Pea's w/ Mushroom & Onions |
| Black-Eyed Peas | Peas | Fried Okra | Carrots | Cajun Style Vegetables | Cauliflower Combo | Fried Cauliflower |
| Mixed Vegetables | Stewed Tomatoes | Braised Cabbage | Broccoli Parmesan | Peas with Onions | Mexican Corn | Grilled Asparagus |