SUNDAY November 15	MONDAY November 16	TUESDAY November 17	WEDNESDAY November 18	THURSDAY November 19	FRIDAY November 20	SATURDAY November 21
BREAKFAST	***BREAKFAST***	***BREAKFAST***	***BREAKFAST***	***BREAKFAST***	***BREAKFAST***	***BREAKFAST***
Pure Breakfast Bar 15 oz.	Pure Breakfast Bar 15 oz.	Pure Breakfast Bar 15 oz.	Pure Breakfast Bar 15 oz.	Pure Breakfast Bar 15 oz.	Pure Breakfast Bar 15 oz.	Pure Breakfast Bar 15 oz.
Pure Food Burrito	Pure Food Burrito	Pure Food Burrito	Pure Food Burrito	Pure Food Burrito	Pure Food Burrito	Pure Food Burrito
Pure Food Grain Bowl	Pure Food Grain Bowl	Pure Food Grain Bowl	Pure Food Grain Bowl	Pure Food Grain Bowl	Pure Food Grain Bowl	Pure Food Grain Bowl
Grilled Turkey Sausage Links	Grilled Turkey Patty	Baked Sausage Patty	Turkey Bacon	Grilled Turkey Sausage Links	Turkey Bacon	Grilled Turkey Patty
Bacon	Bacon	Bacon	Bacon	Bacon	Bacon	Bacon
Creamed Beef	Creamed Beef	Creamed Beef	Creamed Beef	Creamed Beef	Creamed Beef	Creamed Beef
French Toast	Pancakes	French Toast	Chocolate Chip Pancakes	French Toast	Pancakes	French Toast
Biscuits	Biscuits	Biscuits	Biscuits	Biscuits	Biscuits	Biscuits
Hash Brown Patty	Hash Brown Patty	Shredded Hash Browns	Brown Rice	Hash Brown Patty	Cottage Fried Potatoes	Shredded Hash Browns
Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs	Hard Boiled Eggs	Hard Boiled Eggs
Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs
Fried Eggs	Fried Eggs	Fried Eggs	Fried Eggs	Fried Eggs	Fried Eggs	Fried Eggs
Omelet	Omelet	Omelet	Omelet	Omelet	Omelet	Omelet
Grits	Grits	Grits	Grits	Grits	Grits	Grits
Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal
DAILY SOUP/SALAD	***DAILY SOUP/SALAD***	***DAILY SOUP/SALAD***	***DAILY SOUP/SALAD***	***DAILY SOUP/SALAD***	***DAILY SOUP/SALAD***	***DAILY SOUP/SALAD***
Pure Bar - Lunch/Dinner Large	Pure Bar - Lunch/Dinner Large	Pure Bar - Lunch/Dinner Large	Pure Bar - Lunch/Dinner Large	Pure Bar - Lunch/Dinner Large	Pure Bar - Lunch/Dinner Large	Pure Bar - Lunch/Dinner Large
LUNCH	***LUNCH***	***LUNCH***	***LUNCH***	***LUNCH***	***LUNCH***	***LUNCH***
Greek Lemon Turkey Pasta	Creole Catfish Fillets	Honey Ginger Chicken	Roast Turkey	Lemon Onion Baked Fish	Baled Salmon	Turkey and Spinach Meatloaf
Oven Fried Fish	Tuscan Chicken	Pepper Steak	Baked Ham	Simmered Beef	Pineapple BBQ Meatballs	Crispy Oven Baked Chicken
Steak Ranchero	Teriyaki Steak	Cheese Manicotti	Roast Rib of Beef	Cajun Chicken	Honey Mustard Chicken Breast	Parmesan Fish
Brown Gravy	Chicken Gravy	Chicken Gravy	Brown Gravy / Turkey Gravy	Brown Gravy	Chicken Gravy	Turkey Gravy
Cottage Fried Potatoes	Jalapeno Rice	Roasted Chopped Potatoes	Cornbread Dressing	Roasted Pepper Potatoes	Rissole Potatoes	Orzo with Lemon and Herbs

Steamed Rice	Roasted Pepper Potatoes	Italian Baked Beans	Mashed Potatoes/ Glazed Sweet Potatoes	Dirty Rice	Steamed Rice	Roasted Rosemary Potato Wedges
Carrots	Peas with Mushrooms & Onions	Cauliflower Au Gratin	Corn on the Cob	Carrots on the Griddle	Calico Corn	Roasted Carrots with Rosemary
Braised Cabbage	Roasted Cauliflower	Collard Greens	Green Beans	Fried Okra	Mixed Vegetables	Brussel Sprouts
Corn Combo	French Style Green Beans	Scalloped Corn	Carrots	Creole Green Beans	Roasted Cauliflower	Broccoli Polonaise
DINNER	***DINNER***	***DINNER***	***DINNER***	***DINNER***	***DINNER***	***DINNER***
Roast Beef	Chicken Ala King	Caribbean Beef Curry	Basil Baked Fish	Harvest Vegetable & Bean Ragout	Pork Carnitas	Teriyaki Chicken
Sundried Tomato Pesto Pasta	Baked Fish	Baked Salmon	Turkey Breast Fillet	Grilled Pork Chops	Spinach Lasagna	Cheese Tortellini with Marinara
Chicken Cacciatore	Pasta Primavera	Honey Sriracha Chicken	Eggplant Parmesan	Cajun Meatloaf	Savory Baked Chicken	Stuffed Green Peppers
Brown Gravy	Chicken Gravy	Chicken Gravy	Turkey Gravy	Onion Gravy	Chicken Gravy	Chicken Gravy
Mashed Potatoes	Quinoa Southwest Pilaf	Steamed Brown Rice	Mashed Potatoes	Red Beans and Rice	Italian Style Baked Beans	Steamed Rice
Dirty Rice	O'Brien Potatoes	Garlic Mashed Potatoes	Jefferson Noodles	Crispy Potato Wedges	Cilantro Lime Brown Rice	Baked Sweet Potato
Carrots on the Griddle	Hacienda Corn & Black Beans	Herbed Green Beans	Cauliflower	Corn on the Cob	Broccoli	Pea's w/ Mushroom & Onions
Black-Eyed Peas	Peas	Fried Okra	Carrots	Cajun Style Vegetables	Cauliflower Combo	Fried Cauliflower
Mixed Vegetables	Stewed Tomatoes	Braised Cabbage	Broccoli Parmesan	Peas with Onions	Mexican Corn	Grilled Asparagus