SUNDAY November 22	MONDAY November 23	TUESDAY November 24	WEDNESDAY November 25	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	***BREAKFAST***	***BREAKFAST***	***BREAKFAST***	***BREAKFAST***	***BREAKFAST***	***BREAKFAST***
PURE BREAKFAST BAR	PURE BREAKFAST BAR	PURE BREAKFAST BAR	PURE BREAKFAST BAR	PURE BREAKFAST BAR	PURE BREAKFAST BAR	PURE BREAKFAST BAR
PURE FOOD BURRITO	PURE FOOD BURRITO	PURE FOOD BURRITO	PURE FOOD BURRITO	PURE FOOD BURRITO	PURE FOOD BURRITO	PURE FOOD BURRITO
PURE FOOD GRAIN BOWL	PURE FOOD GRAIN BOWL	PURE FOOD GRAIN BOWL	PURE FOOD GRAIN BOWL	PURE FOOD GRAIN BOWL	PURE FOOD GRAIN BOWL	PURE FOOD GRAIN BOWL
TURKEY BACON	GRILLED TURKEY LINK	GRILLED SAUSAGE PATTY	GRILLED TURKEY SAUSAGE LINKS	TURKEY BACON	GRILLED TURKEY SAUSAGE LINKS	GRILLED SAUSAGE PATTY
BACON	BACON	BACON	BACON	BACON	BACON	BACON
CREAMED BEEF	CREAMED BEEF	CREAMED BEEF	CREAMED BEEF	CREAMED BEEF	CREAMED BEEF	CREAMED BEEF
PANCAKES	FRENCH TOAST	PANCAKES	CHOCOLATE CHIP PANCAKES	FRENCH TOAST	PANCAKES	FRENCH TOAST
BISCUITS	BISCUITS	BISCUITS	BISCUITS	BISCUITS	BISCUITS	BISCUITS
HASH BROWN PATTY	COTTAGE FRIED POTATOES	SHREDDED HASH BROWNS	COTTAGE FRIED POTATOES	HASH BROWN PATTY	COTTAGE FRIED POTATOES	COTTAGE FRIED POTATOES
HARD BOILED EGGS	HARD BOILED EGGS	HARD BOILED EGGS	HARD BOILED EGGS	HARD BOILED EGGS	HARD BOILED EGGS	HARD BOILED EGGS
SCRAMLBED EGGS	SCRAMBLED EGGS	SCRAMBLED EGGS	SCRAMBLED EGGS	SCRAMBLED EGGS	SCRAMBLED EGGS	SCRAMBLED EGGS
FRIED EGGS	FRIED EGGS	FRIED EGGS	FRIED EGGS	FRIED EGGS	FRIED EGGS	FRIED EGGS
OMELET G4G	OMELET G4G	OMELET G4G	OMELET G4G	OMELET G4G	OMELET G4G	OMELETG4G
GRITS	OATMEAL	GRITS	OATMEAL	OATMEAL	OATMEAL	OATMEAL
OATMEAL	GRITS	OATMEAL	GRITS	GRITS	GRITS	GRITS
DAILY SOUP/SALAD	***DAILY SOUP/SALAD***	***DAILY SOUP/SALAD***	***DAILY SOUP/SALAD***	***DAILY SOUP/SALAD***	***DAILY SOUP/SALAD***	***DAILY SOUP/SALAD***
LUNCH AND DINNER PURE BAR LARGE & SMALL	LUNCH AND DINNER PURE BAR LARGE & SMALL	LUNCH AND DINNER PURE BAR LARGE & SMALL	LUNCH AND DINNER PURE BAR LARGE & SMALL	LUNCH AND DINNER PURE BAR LARGE & SMALL	LUNCH AND DINNER PURE BAR LARGE & SMALL	LUNCH AND DINNER PURE BAR LARGE & SMALL
LUNCH	***LUNCH***	***LUNCH***	***LUNCH***	***LUNCH***	***LUNCH***	***LUNCH***
HONEY GINGER CHICKEN	CHICKEN FAJITAS	ROAST BEEF	SWEET AND SPICY ORANGE SALMON	ALMOND CRUSTED COD	BBQ BEEF CUBES	LEMON PEPPER BAKED CHICKEN
SALISBURY STEAK	BAKED FISH	SPAGHETTI W/ TURKEY MEAT SAUCE	CHILI MACARONI	HAMBURGER YAKISOBA	GREEK LEMON CHICKEN	CARIBBEAN CATFISH
SHRIMP SCAMPI	BEEF AND CORN PIE	PORK CHOP W/ PINEAPPLE GLAZE	CHICKEN KABOB	HERBED BAKED CHICKEN	BASIL BAKED FISH	BRAISED BEEF AND NOODLES
BROWN GRAVY	CHICKEN GRAVY	BROWN GRAVY	CHICKEN GRAVY	BROWN GRAVY	CHICKEN GRAVY	CHICKEN GRAVY
SOUTHERN STYLE SWEET POTATOES	O'BRIEN POTATOES	RICE PILAF	BROWN RICE	STEAMED RICE	ORZO LEMON HERB	BUTTERED EGG NOODLES
BOSTON BASKED BEANS	QUINOA SOUTHWEST PILAF	MASHED POTATOES	COTTAGE FRIED POTATOES	LYONNAISE POTATOES	STEAMED RICE	HARVEST BLEND RICE

CAULIFLOWER AU GRATIN	HACIENDA CORN AND BLACK BEANS	BRUSSEL SPROUTS	PEAS AND CARROTS	ROASTED BRUSSEL SPROUTS	GRILLED ASPARAGUS	ROASTED BUTTERNUT SQUASH
COLLARD GREENS	ROASTED BUTTERNUT SQUASH	CREAM STYLE CORN	GREEN BEANS WITH MUSHROOMS	CORN O'BRIEN	BLACK-EYED PEAS	SCALLOPED CORN
SCALLOPED CORN	STEWED TOMATOES	ROASTED ZUCCHINI & TOMATOES	CORN CALICO	FRENCH STYLE PEAS	BROCCOLI COMBO	HERBED GREEN BEANS
DINNER	***DINNER***	***DINNER***	***DINNER***	***DINNER***	***DINNER***	***DINNER***
BAKED CHICKEN	CREOLE FISH FILLETS	TURKEY NUGGETS	BBQ CHICKEN	CHICKEN GUMBO	MAPLE GLAZED SALMON	SWISS STEAK W/ BROWN GRAVY
SOUTHWESTERN SHRIMP LINGUINE	STIR FRY-CHICKEN WITH BROCCOLI	SUNDRIED TOMATO PESTO PASTA	PEPPER STEAK	PORK SCHNITZEL	SUNDRIED TOMATO PESTO PASTA	STUFFED GREEN PEPPERS W/ TURKEY AND LENTILS
BEEF BULGOGI	TERIYAKI STEAK	BEEF STEW	SPICY CATFISH POBOY	ONION LEMON BAKED FISH	PINEAPPLE BBQ MEATBALLS	CHICKEN PARMESAN
ONION GRAVY	BROWN GRAVY	ONION GRAVY	CHICKEN GRAVY	BROWN GRAVY	BROWN GRAVY	CHICKEN GRAVY
SICILIAN BROWN RICE	ROASTED PEPPER POTATOES	LONG GRAIN & WILD RICE	QUINOA GARDEN PILAF	STEAMED BROWN RICE	ISLANDER'S RICE	BROWN RICE W/ TOMATOES
GARLIC MASHED POTATOES	STEAMED RICE	OVEN BROWNED POTATOES	ROASTED CHOPPED POTATOES	MASHED POTATOES	O'BRIEN POTATOES	SIMMERED PINTO BEANS
HERBED GREEN BEANS	PEAS WITH MUSHROOM AND ONIONS	CARROTS	BRAISED CABBAGE	CARROTS	CAULIFLOWER	PEAS
CORN ON THE COBB	ROASTED CAULIFLOWER	SNOW PEAS	GARLIC PEAS	GREEN BEANS W/ FETA	FRENCH STYLE GREEN BEANS	MEDITERANEAN GRILLED ASPARAGUS
BRAISED CABBAGE	FRENCH STYLE GREENBEANS	GRILLED ASPARAGUS	FRIED OKRA	BROCCOLI POLINAISE	VEGETABLE MEDLEY	SUCCOTASH