SUNDAY November 8	MONDAY November 9	TUESDAY November 10	WEDNESDAY November 11	THURSDAY November 12	FRIDAY November 13	SATURDAY November 14
BREAKFAST	***BREAKFAST***	***BREAKFAST***	***BREAKFAST***	***BREAKFAST***	***BREAKFAST***	***BREAKFAST***
PURE BREAKFAST BAR	PURE BREAKFAST BAR	PURE BREAKFAST BAR	PURE BREAKFAST BAR	PURE BREAKFAST BAR	PURE BREAKFAST BAR	PURE BREAKFAST BAR
PURE FOOD BURRITO	PURE FOOD BURRITO	PURE FOOD BURRITO	PURE FOOD BURRITO	PURE FOOD BURRITO	PURE FOOD BURRITO	PURE FOOD BURRITO
PURE FOOD GRAIN BOWL	PURE FOOD GRAIN BOWL	PURE FOOD GRAIN BOWL	PURE FOOD GRAIN BOWL	PURE FOOD GRAIN BOWL	PURE FOOD GRAIN BOWL	PURE FOOD GRAIN BOWL
GRILLED TURKEY PATTY	GRILLED TURKEY PATTY	GRILLED TURKEY SAUSAGE LINKS	GRILLED SAUSAGE PATTY	TURKEY BACON	GRILLED TURKEY SAUSAGE LINKS	GRILLED SAUSAGE PATTY
BACON	BACON	BACON	BACON	BACON	BACON	BACON
CREAMED BEEF	CREAMED BEEF	CREAMED BEEF	CREAMED BEEF	CREAMED BEEF	CREAMED BEEF	CREAMED BEEF
PANCAKES	FRENCH TOAST	PANCAKES	CHOCOLATE CHIP PANCAKES	FRENCH TOAST	PANCAKES	FRENCH TOAST
BISCUITS	BISCUITS	BISCUITS	BISCUITS	BISCUITS	BISCUITS	BISCUITS
HASH BROWN PATTY	SHREDDED HASH BROWNS	HASH BROWN PATTY	COTTAGE FRIED POTATOES	BROWN RICE	HASH BROWN POTATOES	HASH BROWN PATTY
HARD BOILED EGGS	HARD BOILED EGGS	HARD BOILED EGGS	HARD BOILED EGGS	HARD BOILED EGGS	HARD BOILED EGGS	HARD BOILED EGGS
SCRAMLBED EGGS	SCRAMBLED EGGS	SCRAMBLED EGGS	SCRAMBLED EGGS	SCRAMBLED EGGS	SCRAMBLED EGGS	SCRAMBLE EGGS
FRIED EGGS	FRIED EGGS	FRIED EGGS	FRIED EGGS	FRIED EGGS	FRIED EGGS	FRIED EGGS
OMELET G4G	OMELET G4G	OMELET G4G	OMELET G4G	OMELET G4G	OMELET G4G	OMELET G4G
GRITS	OATMEAL	GRITS	OATMEAL	GRITS	OATMEAL	GRITS
OATMEAL						
DAILY SOUP/SALAD	***DAILY SOUP/SALAD***	***DAILY SOUP/SALAD***	***DAILY SOUP/SALAD***	***DAILY SOUP/SALAD***	***DAILY SOUP/SALAD***	***DAILY SOUP/SALAD***
LUNCH AND DINNER PURE BAR LARGE & SMALL	LUNCH AND DINNER PURE BAR LARGE & SMALL	LUNCH AND DINNER PURE BAR LARGE & SMALL	LUNCH AND DINNER PURE BAR LARGE & SMALL	LUNCH AND DINNER PURE BAR LARGE & SMALL	LUNCH AND DINNER PURE BAR LARGE & SMALL	LUNCH AND DINNER PURE BAR LARGE & SMALL
LUNCH	***LUNCH***	***LUNCH***	***LUNCH***	***LUNCH***	***LUNCH***	***LUNCH***
CHEESE TORTELLINI	GREEK LEMON MARINATED CHICKEN	ROAST PORK TENDERLOIN	B.B.Q. CHICKEN	COUNTRY STYLE FRIED STEAK	GRILLED PORK CHOP	LEMON PEPPER CATFISH
PEPPER STEAK	BASIL BAKED FISH	MEAT LOAF	SALISBURY STEAK	OVEN FRIED CHICKEN	CREOLE SHRIMP	BEEF STEW
BOURBON CHICKEN	PASTA PRIMAVERA	BBQ CHICKEN	BAKED SALMON	SOUTHERN FRIED CATFISH	BAKED CREOLE SPICED CHICKEN	PORK SCHNITZEL
CHICKEN GRAVY	CHICKEN GRAVY	BROWN GRAVY	ONION GRAVY	CREAM GRAVY	CHICKEN GRAVY	CHICKEN GRAVY
STEAMED RICE	BUTTERED PARSLEY POTATOES	BAKED MACARONI AND CHEESE	STEAMED RICE	BOSTON BAKED BEANS	LONG GRAIN & WILD RICE	JEFFERSON NOODLES

ROASTED CHOPPED RED POTATOES	STEAMED BROWN RICE	MASHED POTATOES	OVEN BROWNED POTATOES	BROWN RICE	MASHED POTATOES	STEAMED RICE
ROASTED CARROTS W/ ROSEMARY	CARROTS	BLACK- EYED PEAS	CAULIFLOWER AU GRATIN	GLAZED CARROTS	SAUTEED SPINACH	ROASTED CORN
CORN COMBO	GREEK STYLE GRILLED VEGETABLES	SAUTEED CABBAGE WITH BACON	CALICO CORN	PEAS WITH MUSHROOMS AND ONIONS	MIXED VEGETABLES	GREEN BEANS
BROCCOLI PARMESAN	FRENCH STYLE GREEN BEANS	CAULIFLOWER COMBO	PEAS AND CARROTS	CORN ON THE COB	GARLIC PEAS	ROASTED BRUSSEL SPROUTS
DINNER	***DINNER***	***DINNER***	***DINNER***	***DINNER***	***DINNER***	***DINNER***
BEEF STEW	ROAST TURKEY	BEEF FAJITAS	GRILLED STEAK	CHICKEN BROCCOLI STIR FRY	CHICKEN FLORENTINE	CRISPY SOUTHERN CORNFLAKE CHICKEN
LEMON BAKED FISH	BRAISED SPARERIBS	BAKED MEXICAN CHICKEN	PORTOBELLA FAJITAS	SHRIMP KABOB	ITALIAN BROCCOLI PASTA	SWEDISH MEATBALLS
HERBED BAKED CHICKEN	CHICKEN GUMBO	SOUTHWESTERN FISH	BAKED SALMON	TERIYAKI STEAK	PARMESAM FISH	SWEET & SPICY ORANGE SALMON
CHICKEN GRAVY	BROWN GRAVY	CHCKEN GRAVY	BROWN GRAVY	CHICKEN GRAVY	CHICKEN GRAVY	BROWN GRAVY
MASHED POTATOES	STEAMED RICE	MEXICAN RICE	BAKED BEANS	ROASTED RED CHOPPED POTATOES	ITALIAN STYLE BAKED BEANS	BAKED SWEET POTATOES
RICE PILAF	ORZO W/ SPINACH & TOMATOES	REFRIED BEANS W/ CHEESE	RICE PILAF	STEAMED RICE	OVEN BROWNED POTATOES	RED BEANS & RICE
GREEN BEANS W/ MUSHROOMS	HERBED GREEN BEANS	ROASTED BRUSSEL SPROUTS	CAJUN STYLE VEGETABLES	ORIENTAL STIR FRY CABBAGE	CAULIFLOWER AU GRATIN	SCALLOPED CORN
CAULIFLOWER	PEAS & CARROTS	MEXICAN CORN	SPINACH	CORN O'BRIEN	CARROTS ON THE GRIDDLE	STEWED TOMATOES
JAPANESE STIR FRY VEGETABLES	BROCCOLI	HACIENDA GREEN BEANS	CAJUN STYLE VEGETABLES	HERBED GREEN BEANS	BROCCOLI	SOUTHERN STYLE COLLARD GREENS